

**CENTRAL DRESSAGE RESIDENTIAL TRAINING CAMP
AT WELLINGTON RIDING EC, HAMPSHIRE ON 22-23 JUNE 2024
PROGRAMME & APPLICATION FORM**



Please read thoroughly

Thank you so much for your interest in another one of our signature training camps for 2024.
We look forward to welcoming you.

This camp is extremely popular so please do apply in plenty of time.

We do not make a profit on camp; it is charged out at cost & our raffle supports Marie Curie Cancer Care.

Camp will be held at Wellington Riding EC, Heckfield, Hook, Hampshire RG27 0LJ from the evening of Friday 21 June to Sunday 23 June. If you'd like to view their superb facilities please visit www.wellington-riding.co.uk. The surfaces are truly outstanding as is their hospitality.

Coaches: We have the very best coaches on hand to help you over the weekend. They are friendly, understand all levels from true grass roots to international, are current, fun and above all want you to enjoy your horse to the best of its ability. They are very experienced with each having trained a number of their own horses from young horse to Grand Prix and all have represented Great Britain. They coach **ALL LEVELS** so please rest assured you will be at home.

*** Dan Watson * Stephen Moore * Paul Friday *
* Andrew Gould * Dan Sherriff ***

Workshops: Two sessions with **Lee Harris of Equetouch**. Lee is an FEI accredited sports massage and laser therapist for both people and horses. Lee is in great demand all over the country and we are very lucky to have him with us at camp.

Part One on Saturday, Lee will be looking at rider asymmetry and how it affects your riding. He will look at each individual assessing strengths and weaknesses with a view to applying personalised exercises to help you develop.

Part Two on Sunday, Lee will provide you with some warmup exercises to perform before you ride and then look at horse asymmetry issues and how to perform some stretches and activations you can do with your horse to make them work more evenly. If you would like your horse to be one of the guinea pig horses on this workshop and receive a free massage, please let us know. (first come, first served basis)

Baileys Horse Feeds one to one consultation with **Jo Revell** to include the weigh bridge. Jo is a gem – literally. She has put many of us on the right track when it comes to feeding.

Equine Exceed on hand to advise you on all things “additive”, from mares in season, to feet, behaviour, ulcers, travelling!

Saturday night – Gala evening – you are in for a real treat!

Stabling: quality temporary stabling is available to us. All horses and ponies will need to stable overnight or take a day stable if living locally as horses are not permitted to stand on the lorry all day. Lorry parking is on hard standing and there is room for camping adjacent to the stables. From 1st February 2024 you'll be able to download your stabling form from www.wellington-riding.co.uk/shows-and-events/ then scroll down to events calendar and select our camp from the event listing. ALL STABLING QUERIES ARE TO BE DIRECTED TO WELLINGTON NOT CENTRAL DRESSAGE.

Friday afternoon arrival: Please arrive at Wellington on the Friday from 3pm to 6pm (please advise if you will arrive later) and once settled in come along and register with us and collect your goody bags and times. We'll meet up for the weekend briefing, drinks and supper from around 7.30pm. The bar will be open, and you'll be able to meet with old friends and make new ones.

Food over the weekend: Please note- this year to keep costs down you can opt to purchase your supper on Friday evening directly from Wellington. Once your stable is booked Wellington will capture your email address and contact you with a choice of supper for the Friday evening. This makes their life easier in the catering department. You do not have to purchase supper from them but please note you cannot bring your own food or drink into their café. The café will be open all weekend for you to purchase food and drink. You are also welcome to bring along your own food for the duration to save your pennies.

How much is it and what do I get for my money? The cost of camp is £275 which is what it costs us to put on for you at this excellent venue. For this, you'll receive a Baileys gift voucher and feed samples, goody bag from Equine Exceed, three mounted coaching sessions from some of the UK's leading international dressage riders, 2 workshops with Lee Harris of Equetouch, one to one nutrition consultation and weigh bridge with Jo Revell of Baileys Horse Feeds, the experience of riding at an International status venue, plus the Saturday Gala evening. **You can also opt to ride a test with feedback from the Judge at an additional charge of £20. You do not have to wear competition attire.**

Tests with feedback from the Judge is optional. Should you wish to take the opportunity please chose from one of the following tests on offer: **The Prelim to INT I tests listed below are the tests being ridden at all 2024 Area Festivals. (Adv.102 & Grand Prix tests are excluded from Area Festivals)**

P19 (2008) N23 (2016) E53 (2007) M73 (2007) AM91 (2016) ADV. 102 (2012) FEI PSG (2009)
FEI Intermediate I (2009) FEI GRAND PRIX (2014)

Who can go to camp? ANYONE from sixteen years old and above, at any level! No membership necessary just the will to learn!

At Central Dressage we pride ourselves on supporting all riders from those that have just started their dressage journey through to Grand Prix riders. We believe education is key. No horse under four-years-old may take part. Provided you can walk, trot and canter this camp is for you. The

horses will come in all shapes and sizes from the faithful old family pony through to those aiming for National level. It will be fun, informative and you will make many friends. You can come on your own as we pride ourselves on our inclusive ethos – there will never be a dull moment – guaranteed!

Guests: As a rider you are very welcome to bring along partners and friends to help you and they're more than welcome to spectate ridden sessions, workshops and Saturday evening gala free of charge.

Dogs Your dogs can come too but we respectfully ask for them to be kept on a lead at all times and that you clean up after them.

Parking – on hardstanding by the stables

Camping You're able to camp at Wellington Riding EC free of charge.

Showers and Toilets There will be facilities available to us 24 hours a day

Café an excellent onsite café will be open for the duration

Finally, please remember this is a fun and active weekend, **open to all** where we can all join together in one common theme and that is the desire to learn more about our sport, our fellow riders and of course spend quality time with our beloved horses.

We look forward to meeting you all and welcoming those that are new to Central Dressage.

What shall I do next? Email your completed and signed application form (below) to us at: info@centraldressage.co.uk and make your deposit payment to secure your place.

This is a very popular camp so please do apply in good time as we're limited on places.

Final camp information will be emailed out 10-14 days prior to start of camp.

We look forward to welcoming you very soon.

With very best wishes.

Kim, Maria & Wesley

Central Dressage
Email: info@centraldressage.co.uk
www.centraldressage.co.uk

“EDUCATION IS EVERYTHING”

**CENTRAL DRESSAGE CAMP APPLICATION FORM
AT WELLINGTON RIDING EC, HAMPSHIRE ON 22-23 JUNE 2024**

Name of rider:
Name of horse:
Address of rider:

Age of rider if under 18:
Age of horse:

Contact numbers:
Email address:

In case of emergency contact number and name of contact:
Any disability, allergy or health conditions that we should be aware of:

Level combination working at:

IF YOU WISH TO TAKE PART IN TEST RIDING WITH FEEDBACK PLEASE CIRCLE ONE BELOW & ADD £20 TO YOUR APPLICATION. The Prelim to INT I tests listed below are the tests being ridden at all 2024 Area Festivals. (Adv.102 & Grand Prix tests are excluded from Area Festivals)

CLASS 1-P19 (2008) CLASS 2- N23 (2016) CLASS 3- E53 (2007) CLASS 4-M73 (2007)
CLASS 5-AM91 (2016) CLASS 6-ADVANCED 102 (2012) CLASS 7- FEI PSG (2009)
CLASS 8- FEI INTERMEDIATE I (2009) CLASS 9- FEI GRAND PRIX (2014)

Payment: Payments to be made via BACS to Central Dressage, Sort Code: 40-10-16 Account Number: 61501690. Please quote your surname and "Welly" as the reference. Once your deposit has been received we'll send an email confirmation.

Closing Date: 31 May 2024

Cost of camp is £275. Please add £20 if you want to do the test riding with feedback. A deposit of £50 will secure your place. Full balance is due no later than 31 May 2024

Withdrawal Policy: We appreciate that withdrawals are necessary from time to time due to the unpredictable nature of our horses and advise that withdrawals prior to the closing date will be subject to a £25 administration charge. After the closing date no refunds will be made but you may be able to pass your place on to another rider at the same training level if you email us. **PLEASE NOTE IF YOU WISH TO CHANGE TEST OR TRAINING LEVEL THE CUT OFF DATE FOR DOING THIS IS 31 MAY 2024. NO EXCEPTIONS.**

STABLING FORM: From 1 February 2024 you'll be able to download your stabling form from <https://wellingtonriding.co.uk/events/events-calendar/> All stabling payments and queries to be directed to Wellington Riding EC on 0118 922 5371 not Central Dressage.

By signing this form you are confirming you have read and understand the withdrawal policy.

SIGNATURE OF APPLICANT

DATE